# **Stepping Stones Network**

## **Programs and Services Fact Sheet**

Phone: 224-789-3054 24x7 Hotline (If need response inside 24 hours. If voicemail, will return ASAP)

E-Mail: info@steppingstonesnetwork.org (If not urgent and for Speaking Requests)

Web: www.steppingstonesnetwork.org

### Mission

To educate and engage the community to prevent domestic commercial sexual exploitation and to provide comprehensive, restorative care to survivors.

## **Programs & Services**

## 1. Community Engagement

- Education
  - o Get Educated session every 3<sup>rd</sup> Monday night 7 pm. Register on website.
  - o Speaking engagements and specialized training for organizations or service providers
- Communications
- Volunteerism and Network Relations. See Get Involved page on our website.

### 2. Prevention/Protection

- 24x7 Hotline
- Outreach
  - o Jail visits, support for law enforcement via stings
  - Resources for parents, adults and children. See Resources page on our website.
- Advocacy
  - o Case Management or Mentorship for those involved and/or their loved ones
  - Encouraging belonging and safety for at risk youth and young adults via mentoring, fostering, adoption and Safe Families programs.

### 3. Restorative Services

- Residential Program 24x7, 12 to 18 month structured program for trafficked moms with children. See other side for description and criteria.
- Day Program Monday through Friday program in central Lake County for trafficking survivors. Similar programming and criteria as Residential. May include Rental Assistance and Childcare.
- Therapeutic Groups
  - o Journey Groups adult men and women that experienced trauma, neglect, or sexual violations of any kind
  - o Conquer Groups men who are struggling with pornography or harmful uses of sex

### **Restorative Services Coordination for Survivors**

- Assessment/intake to determine which services or support are recommended for and desired by the individual.
- If Stepping Stones Network Residential or Day Program services cannot be provided or are not a fit:
  - o Find bed matches in other residential programs through Chicago and US network and coordinate intake.
  - Coordinate local services to meet the needs of the individual.
  - O Can become an Advocacy client. We will serve as a central point of contact, friend and mentor to individuals and their families as they move through the process of healing and rebuilding their lives.



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### **Long-Term Residential Recovery Program**

Stepping Stones Network (SSN) provides holistic, structured residential programming for trafficked mothers and their children, while also preventing these children from being exploited or sold. Our 12 to 18 month program, staffed 24x7, provides safety, community, beauty and basic needs. To help survivors achieve sustainable life change, we employ strength-based and trauma-informed approaches in the context of licensed therapeutic services, life and parenting skills, health coaching, education and vocational planning, and supportive relationship building. Child-care and therapeutic options will be provided for children during the day, while their mothers set goals, develop practical plans and skills, and establish social and professional networks to rebuild their lives. Residence is at confidential location in central Lake County, IL.

### Call 224-789-3054 for Placement to SSN's or other residential program for trafficking survivors

Please note that long-term residential placements often take 3-7 days from intake call to actual admission. SSN may be able to refer to an emergency bed with another agency during that period.

### **Residential Recovery Program Admission Criteria**

To enter the Stepping Stones Network recovery program, person must be a woman 18 or over with one or more children under 8 OR must have a confirmed pregnancy and plans to keep the baby.

### In addition, she must fit one or more of the following:

- Self identifies as currently being sex trafficked with accompanying evidence.
- Has a history of having been trafficked in the past as child or adult with accompanying evidence.
- Is not self-identifying, but we have evidence of her being trafficked.
- Is freely choosing prostitution, wants new life, and has no other way out.
- She and/or children are being sexually exploited and are at high risk for being trafficked.

### She must also be:

- Capable of pursuing education, physical and mental health, and spiritual growth.
- Speaks English.
- Medically stable.
- 30 days sober or have completed rehab or 30-day trafficking assessment program AND willing to live
  a drug- and alcohol-free lifestyle and submit to random testing. Individuals with 90 days sobriety or
  assessment program grad will be preferred.
- Limited in resources or skills to pursue likely recovery and restoration on her own, while keeping her children safe and well-cared for.

### **Services provided to Residential Program Participants**

- Case Management
- Therapeutic Groups and Individual Support, Addiction Recovery, Emotional Regulation, Relationships, Trauma
- Life Skills: Home Management, Financial Literacy, Education/Career Development, Independent Living
- Parenting and Family Coaching and Support
- Child Development Groups and Activities
- Health & Wellness

